

Center Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Date of Birth (include year): \_\_\_\_\_

I give \_\_\_\_\_ permission to participate in swimming activities.

\_\_\_\_\_  
parent signature

\_\_\_\_\_  
date

**To be completed by swim instructor**

\_\_\_\_\_ has successfully completed a swimming test which required the child to swim a distance of fifteen (15) yards unassisted.

\_\_\_\_\_ (lifeguard) has current evidence of having completed successfully a training program in lifeguarding offered by a water-safety instructor certified by the American Red Cross or YMCA or YWCA or other recognized standard-setting agency for water safety instruction.

**(Center must maintain a copy on file)**

\_\_\_\_\_  
signature of lifeguard or instructor

\_\_\_\_\_  
date

Center has obtained a letter from the off-site swimming facility that all lifeguards on duty have successfully completed a training program in lifeguarding.

\*\* In lieu of requiring each child to take a swimming test to determine whether the child can swim a distance of fifteen (15) yards unassisted, center staff may accept copies of certificates or cards from a recognized water-safety instruction organization showing that the child has successfully completed a swimming class which required the child to swim a distance of fifteen (15) yards unassisted.

**Center Must Maintain in Child's File**