Child and Adult Care Food Program Nutrition News

September 2019 • Edition L

CACFP Sponsor Shares Renewal Tips for Success

All Institutions and Sponsors that have a current program agreement with DECAL must complete annual renewal requirements in order to continue participation in the CACFP. While the renewal process can seem overwhelming, incorporating a few best practices can ease the process. With six years of experience, Executive Director of Bread of Life Development Ministries **Barbara Muse**, has picked up some tips and tricks to navigate the renewal process. They include:



• **Start Early.** "We start staff training as soon as possible. Also, forms and policies are updated throughout the renewal

process, so it's important to make sure you have the latest and greatest version."

- Make everyone on your team an expert. "Every year, my team and I meet and review the CACFP presentation together."
- Stay in the Groove. "We also participate in the Summer Food Service Program, and we never really get to a stopping point which does make CACFP Renewal easier. We're always just in the flow of each program."

Reminders:

- Access to modify or make changes to the application packet in GA ATLAS has been closed until **October 1, 2019**.
- The FY 2020 CACFP application will become available in GA ATLAS on **October 1, 2019**.
- The FY 2020 CACFP application must be submitted on or before **October 31, 2019**.
- Click **here** for answers to commonly asked questions about CACFP Renewal.
- Click here to access additional FY 2020 Annual Renewal documents.

Navigating CACFP Annual Budget Revisions Budget Guidance Tools Available

Is Our Institution Required To Submit An Annual Budget?

Original or Annual Budgets and Budget Amendments must be submitted on or before **October 31, 2019**. At a minimum annual budgets are required when:

• An Independent Center with an approved budget in FY 2019 intends to use FY 2020 reimbursement funds for **new operating and/or administrative**

costs that require prior, specific prior written approval, or formal procurement.

- An Independent Center with an approved budget in FY 2019 with approved costs and the same costs in FY 2020, **but new supporting documentation must be submitted for review and approval** (e.g., lease agreements for center space, equipment rental, etc.)
- All Administrative, Center and DCH sponsoring organizations **must** submit an annual budget.

Please follow links below for budget related tools and references:

- Budget Guidance Manual
- Budget Checklist
- Budget Allocation Worksheet
- Budget Presentation from September 11

Where should I send my budget revisions?

All costs must be approved in the budget prior to using CACFP reimbursements. Documentation to support costs can be uploaded in GA ATLAS, submitted via email to **Tremachel.Johnson@decal.ga.gov**, or faxed to the Budget Compliance Specialist at **(770)-342-3156**. *Please refer to the Budget Guidance Manual for guidance on budget revisions.*

For questions regarding Experienced Institutions'/Sponsors' budgets, please contact the Budget Compliance Specialist, **Tremachel Johnson** at **Tremachel.Johnson@decal.ga.gov** or **(404)-651-7191**.

For questions regarding New and Combined (operates multiple programs such as DCH/Centers, CACFP/SFSP) Institution and Sponsor budgets, please contact the Budget Compliance Supervisor, **Shonda Franklin** at **Shonda.Frankin@decal.ga.gov** or **(404)-651-7181**.

CACFP Sponsors Attend Budget and Procurement Readiness Training



CACFP sponsors recently completed a two-day training where they learned tips on developing a budget and executing proper procurement policies that are consistent with federal regulations. The training included preparing and developing a complete budget package, incorporating local sourcing, implementing Farm to Early Care and Education (ECE) practices into meal service, and more!



Procurement 101



Please click **here** to view the presentation from **Procurement 101 Training**, held on September 10. If additional Procurement assistance is needed please contact our Procurement and Purchasing Compliance Officer, **LaMonika Jones** by email or phone at (404) 656-2472.

Distribution of "And Justice for All" Posters Halted

Recently, the Office of the Assistant Secretary for Civil Rights instructed all USDA agencies to halt distribution of the "And Justice for All" (AJFA) posters featuring the Statue of Liberty. This directive resulted from an issue with the poster graphic. At present, new AJF A posters have been developed and are pending printing.

Until the new posters are received, additional guidance is outlined below:

- 1. The AJFA posters featuring the Statue of Liberty may be disposed of properly once it can be replaced with the new poster.
- 2. Posters currently posted do not need to be removed until replaced with the new poster.
- 3. The AJFA poster(s) should be removed from websites, training presentations and any pending printing of brochures, pamphlets and materials and replaced with the appropriate PDF version.
- 4. DECAL is in the process of ordering new AJFA posters and will notify institutions and sponsors when they become available.

Baldwin County School District Recognized with Second Annual Baby Golden Radish Award

DECAL Commissioner **Amy M. Jacobs** presented the Second Annual Baby Golden Radish Award to the **Baldwin County School District** for creating an innovative and successful Farm to Early Care & Education Program that advances the learning and development of its Pre-K and Head Start students.

Commissioner **Jacobs** commended Baldwin County for their Farm to ECE program that educates minds, nourishes bodies, and cultivates healthy habits through engaging activities inside and outside the classroom.





This year, the Golden Radish Partners included Georgia Organics, Georgia Department of Agriculture, Georgia Department of Education, Georgia Department of Public Health, UGA Extension Service and Georgia Department of Early Care and Learning.

Farm Bill Implementation Memo: Amended Farm Bill Eliminates Civil Liability for facilitating donated traditional foods

This update notifies participating Child and Adult Care Food Program (CACFP) institutions and Summer Food Service Program (SFSP) sponsors of the 2018

Farm Bill's expansion of the provision which states that certain groups are not liable in civil cases regarding the donation and service of traditional foods. This provision only applies to food service programs at public and nonprofit facilities that primarily serve Indians, including those operated by Indian Tribes and Tribal organizations.

Previously, only the United States and Indian Tribes or Tribal organizations were protected from liability, and the protection was limited to the donation and serving of traditional foods. This provision, included in Section 4033 of the Agricultural Act of 2014, was effective in February 2014.

Section 4203 of the 2018 Farm Bill amends the prior authority and eliminates civil liability for States, counties or county equivalents, local educational agencies, and entities or persons authorized to facilitate the donation, storage, preparation, or serving of traditional foods by the operator of a food service program. These organizations and persons are **not liable** in any civil action for any damage, injury, or death caused to any person by the storage, preparation, donation, or serving of traditional foods through food service programs, including the Child Nutritional Programs (CNPs).

For additional information relative to this update, please see DECAL Policy Memorandum, *Farm Bill Implementation Memo: Donated Traditional Foods and Civil Liability, August 22, 2019*, available on DECAL's **website**.

For questions concerning these updates, please contact **Kate Alexander**, Nutrition Services' Policy Administrator, at **(404) 651-8193**.

GDA Food Safety Recalls Several Items that Impact Georgia

Feel free to follow GDA on **Twitter** for live updates and quick information.

Date of Notice: September 20, 2019

- Abbott is recalling their powdered infant formula product due to an inconsistency in aroma and color. The specific product is their Calcilo XD (13.2oz / 375g) with the lot number 79696K80.
- **General Mills** is recalling their flour product due to potential E. coli O26 contamination. The specific product is their Gold Medal Unbleached All Purpose Flour (5lb) with the bar code: 016000 196100 and the better if used by date: 06SEP2020KC.
- **Perdue Foods, LLC** is recalling their frozen ready-to-eat chicken products due to misbranding and undeclared allergens. The product contains wheat, which is not declared on the product label. The specific product is their Simply Smart Organics Chicken Breast Tenders Gluten Free (22oz.) with the best by date: 08/29/20, has the bar code: 0-72745-80489-2, with time stamps of 00:30 to 01:00, and has the establishment number: P-33944.
- **Rong Shing** is recalling their nougat candy product due to potential undeclared eggs and milk allergens. The specific product is their FuPaiYuan Nougat (450g) with the lot number: 20190424, has the best by date: 01/23/2020, and has a bar code of 6926098773012.
- **Rong Shing** is recalling their matcha candy product due to potential undeclared eggs and milk allergens. The specific product is their FuPaiYuan Matcha candy (450g) with the lot number: 20181126, best-by date : 08/25/2019, and has a bar code of 6922828864784.
- Urban Remedy is recalling their salads and wrap products that contain

spinach due to potential E. coli contamination. The specific products are their Black Rice Umeboshi Bowl (12oz) with the best by date: 9/15/2019 and has the bar code: 813377 022595, Benedict Brunch Bowl (9.7oz) with the best-by date: 9/15/2019 and has the bar code: 813377 022854, Samosa Cauli Wrap (6.7oz) with the best by date: 9/15/2019 and has the bar code: 813377 023097, and Green Tea Leaf Salad (6.7oz) with the best by date: 813377 023158 and bar code: 9/15/2019.

• **Southeastern Grocers** is recalling their cookie product due to an undeclared allergen, peanuts, which were not included on the ingredient label. The specific products are their 18-count Variety Pack containing Peanut Butter Cookies with the SLU code:5079 and the 18-count Peanut Butter Cookie with the SLU code: 69886.

SeedMoney Offers 255 Grants for Food Garden Projects



SeedMoney is offering 255 grants on a sliding scale this fall to food garden/urban farm/community farm projects across the country and around the world.

This campaign offers "crowdgrants," which means that participating projects win grants by mobilizing their crowd to make small donations via online fundraising pages that the SeedMoney team helps set up. The average amount raised per project historically has been roughly \$800 (SeedMoney grant + crowdfunds raised), but some projects have raised as much as \$15,000. For many school and community garden projects, running a SeedMoney campaign is the only fundraising they need to do for the whole year.

The deadline to apply is 11:59 pm EDT on November 12, but early applications are encouraged to beat the rush. To learn more and apply, click **here**.

KaBOOM! Kick-starts 2020 Playground Grant Applications

KaBOOM! is kick-starting their **2020 Priority Grant Application**, and we want to give you the first shot to put your community and kids first in line for a new playground in 2020!

Submit an application for a playground before **November 15, 2019** to receive special consideration for a playground grant. When you apply during Kick-start 2020, you get:

- More opportunities Up your chances for funding in 2020! KaBOOM! starts awarding playgrounds on January 1, 2020.
- More Time Usually playground applications have a two-week deadline, but during Kick-start 2020 you'll have eight weeks to submit your application!
- More Support KaBOOM! staff is geared up to help you make your application stand out to get funding!

Click here to access the Build it with KaBOOM! playground grant page which details some of the requirements for this grant.

Local Sourcing Spotlight:

Make Room for Muscadines

According to FarmFlavor.com, Muscadine Grapes are known to contain the highest level of antioxidants of any fruit. Georgia is currently a mass producer of about 1,400 acres of Muscadines.

With a harvest season beginning July 1 and ending October 31, many Georgia Growers such as Ison's Nursery and Vineyard in Brooks, GA, are able to assist you with incorporating Muscadine Grapes into your meal service.



Nutrition ED Nook

Keep Germs at Bay with an Apple a Day

The morning crispness is here signifying apple season is right around the corner. Apples are a tasty, versatile, and nutritious fruit that grow on trees. In fact, they are the most widely grown tree fruit according to **Britannica**. Originating in Central Asia, apples provide a substantial amount of fiber and Vitamin C, which helps in boosting our immune systems to combat the back to school germs.



While there are more than 2,500 types of apples, the two most common types are Gala and Honeycrisp. Apples can be served in a variety of ways starting with a simple creditable snack of sliced apples and nut butter. While the children enjoy their snack, read "Up, Up, Up! It's Apple-Picking Time!" by Jody Fickes Shapiro to learn more about how apples grow. Reinforcing nutritional messages will help in connecting children to their food and food origins and building healthy dietary habits.

Welcome in apple season with this apple inspired recipe from Quality Care for Children.

Apple Coleslaw

Makes 4 servings

Ingredients:

- 2 cups cabbage
- 1 carrot (medium, grated)
- ½ green bell pepper (chopped)
- 1 apple (chopped)

- 6 Tablespoons plain yogurt, low-fat
- 1 teaspoon lemon juice
- 1/4 teaspoon dill weed

Directions:

- 1. Wash cabbage. Cut it into fine shreds until you have 2 cups of cabbage.
- 2. Peel and grate the carrot.
- 3. Chop half a green pepper into small pieces.
- 4. Remove the core and chop the apple.
- 5. Put the cabbage, carrot, green pepper, and apple in a large mixing bowl. Stir together.
- 6. Put the yogurt, lemon juice, and dill weed in a small bowl. Stir together to make a dressing.
- 7. Pour the dressing over the salad. Toss to mix.



October is Farm to School Month and DECAL is excited to partner with Georgia Organics to celebrate all things squash!*Oh My Squash!* is a state-wide celebration to get kids eating, growing, and participating in squash-themed activities. To participate in *Oh My Squash* at your school, early care center, or in your community, click here to sign up.

Participants will receive free electronic resources to help you plan and implement your activities. Resources include standardsbased lesson plans, quick activities, recipes, videos, school garden planting and harvesting information, and more!

Share your *Oh My Squash* pictures and activities on social media with #ohmysquash. Each week during October, anyone who uses this hashtag will be entered to win a gift card and at the end of the month, we will have a grand prize winner of a two day education pass to the Georgia Organics Conference on Feb. 7-8, 2020 in Athens (a \$425 value)!

Questions? Click here or email Kimberly Koogler.

Date Location Event September 25 **CACFP** Renewal Webinar **Readiness Training** September 26 CACFP Updated Meal Tifton **Pattern Requirements** Training **CACFP Updated Meal October 2** Savannah **Pattern Requirements** Training

Dates to Remember:

Have you listened to DECAL Download?



In this week's episode of DECAL Download, we're talking about developing and maintaining healthy eating habits. Diana Myers, DECAL's Nutrition Health Educator, shares some nutrition tips for Georgia's youngest learners.

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