



# People First Language Pledge

The things I say matter! By signing below I pledge to make changes in the way I think and talk, and will use PEOPLE FIRST LANGUAGE to put the person first, not the disability. I will use the examples below as my guide when referring to, or speaking with people with disabilities.

## I will say...

People with disabilities

Child with autism

She has a physical disability.

He uses a wheelchair.

## Instead of...

Handicapped, disabled, special needs

Autistic child

She is crippled.

He is wheelchair-bound.

I make this pledge on, \_\_\_\_\_, 20\_\_\_\_\_.

Signed: \_\_\_\_\_

