

Sample Infant Schedule

6:00 – 7:30	Arrival/Routine Care (diapering, napping). Child Initiated Activities.
7:30 – 9:15	BREAKFAST/FEEDINGS
9:15-11:15	Planned Activities / Teacher Initiated Activities (daily lesson plan - large and small group).
11:15 – 11:45	Outside Time / Blankets/Strollers/Seats/Swings
11:45 – 2:00	LUNCH / FEEDINGS (Routine Care/Clean-up/Diapering/Hand-washing) Napping
2:00 – 2:45	Teacher Initiated Activities / Songs/Music/Story Time
2:45 – 3:30	SNACK / FEEDINGS / Routine Care (Diapering / Hand-washing)
3:30 – 4:15	Outside Time / Blankets/Strollers/Seats/Swings
4:15 – 5:00	Routine Care (Diapering / Clean – up)
5:00 – 6:00	Child Initiated Activities / Tummy Time / Toys / Bouncers / Etc.

- **Infants' schedules are determined based on individual development, need and temperament.**
- **Infants eat and sleep on demand as needed throughout the day.**
- **Infants are diapered every hour or as needed.**